Foil painting

The workbench

- **Pine wood slats or off cuts any size or shape**
- **Poster paints (non toxic)**
- **Gap filler**
- **Gap filler gun**
- **Foil**
- **Wood glue or craft glue**
- **Paint brush**
- **Picture hook**

Step 1.
Place the gap filler into the gun then make patterns, names or shapes onto the wood. Allow 24hrs of drying time before attempting step 2 as the gap filler needs to be completely dry and very hard.

Step 2.
Using the paint brush apply glue all over the wood and pattern, then place the foil over the top of the wood and starting from one end smooth the foil onto the wood using your fingers. Work from the pattern outward making sure that the foil wraps close around the pattern so it stands out. Complete the whole board gluing the edges and then onto the back of the wood to secure the foil all around.

Step 3.
Drizzle poster paint over the foil to make patterns with different colors, then allow to dry before attaching a picture hook to the back and hanging on the wall.