



Wooden feet

The workbench

- 1 meter length of wooden pine
- Poster paint (non toxic)
- Water container and water
- Estapol gloss or varnish
- Picture hook
- Colored icy pole sticks
- Craft glue
- MY FEET letters (cut from magazines or use word art on the computer)
- 1 paint container for each color of paint and large enough to put a flat foot into

Step 1.

Pour the different colored paints into different containers. Place 1 foot into the paint then step onto the end of the wooden pine board. Wash your foot in the water container, then step into a different colored paint and step onto the wood at the top of the 1st foot print. Repeat this process until you have reached the end of the board.

Step 2.

Glue the icy pole sticks around the outside of the wooden board then add the "my feet" letters down one side.

Step 3.

Varnish the wooden board including the icy pole sticks and paper letters, and then attach the picture hook to the back and hang with pride on the wall.

